



## *((Holiday Hugs)) 2012 Donations List*

### **Just Add Water - INDIVIDUAL Serving Sizes**

Instant hot cereals - oatmeal, Cream of Wheat  
 Top Ramen/Instant Individual Soup Mixes (no cups)  
 Hot drinks - hot chocolate, spiced cider,  
 Tea bags (individually wrapped),  
 Instant coffee packets, sugar and instant creamer  
 Powdered drink mixes- i.e. Crystal Light, Propel, etc.

### **Proteins - Individual SINGLE Serving Sizes**

Tuna or chicken - foil pouches/pull top cans  
 Tuna/Chicken box w/crackers  
 Beef jerky/Slim Jims, Beef sausage rolls  
 Protein Bars - Power, Cliff, Muscle Milk Bars  
 Peanut butter - Jiff to go, Sunflower Seeds, Nuts  
 Ready to eat chili, pasta, soup in pouch/pop-top lid

### **Clothing**

White/Black COTTON long athletic socks  
 Dark colored knit hats, Beanies  
 White COTTON crew neck T-shirts (M or L)

### **Snacks - INDIVIDUALLY Wrapped Packages**

Nuts-all kinds, mints, gum, trail mix, ChexMix  
 Corn Nuts, sunflower seeds, microwave popcorn  
 Granola bars (no nutri-grain), Pop Tarts, candy  
 Dried fruit (raisins, etc), fruit snacks, cereal boxes/cups  
 Pop-top canned fruit (no plastic), Kraft easy mac/cups  
 Crackers plain/w/cheese, cheese packs (non-refrig types)

### **Personal Items - TRAVEL SIZE**

Baby wipes, hand sanitizer, sunscreen, lip balm/SPF  
 Dental floss, toothbrushes/toothpaste, mouthwash,  
 Liquid body soap, eye drops, shaving lotion, shampoo,  
 Deodorant, lotion, Q-tips, disposable razors,  
 Foot/baby powder, pocket tissues, aspirin, Hand/foot  
 warmers/icy/hot patches, Batteries (preferably AA),

### **Stocking Stuffers and Entertainment**

Silly putty, Nerf or tennis balls, yo-yos, Crossword  
 puzzles, word search, Sudoku, and playing cards  
 Current paperback books, magazines, CD's, DVD's

### **Specialty Items**

Ground coffee (Peets and Starbucks are popular)  
 Local Grocery Store Gift Cards, Zip Lock Brand Bags (all sizes)  
**We can't ship glass containers, so plastic or metal only please! We can't send religious material,  
 perishable foods or pork, fireworks, firearms, aerosol cans or pornographic material**

### **Drop Zone Dates (10:00 am – 3:00 pm)**

September 8<sup>th</sup>, Veterans Memorial Building 400 Hartz Avenue, Danville (10 am – 2:30 pm)  
 September 22<sup>nd</sup>, Safeway, 11060 Bollinger Canyon Road, San Ramon  
 October 6<sup>th</sup>, Safeway, 3540 Mt. Diablo Boulevard, Lafayette  
 October 20<sup>th</sup>, Safeway, 2505 San Ramon Valley Boulevard, San Ramon  
 November 3<sup>rd</sup>, Safeway, 200 Alamo Plaza, Alamo  
 November 10<sup>th</sup>, Veterans Memorial Building, 400 Hartz Avenue, Danville  
 November 17<sup>th</sup>, Lucky, 21001 San Ramon Valley Boulevard, San Ramon

### **Packing Day**

Saturday, December 8<sup>th</sup>, at Elks Lodge, Walnut Creek  
 Two shifts – 10-1 and 1:30 – done (tentative schedule)

**All donations are greatly appreciated! Our Troops thank you!  
 This is our small way to thank them!**

We are a 501(c)(3) IRS designated non-profit group.

**East Bay Blue Star Moms - P.O. Box 2537 -San Ramon, California 94583**

**[www.bluestarmoms.org](http://www.bluestarmoms.org) or email: [carepackages@bluestarmoms.org](mailto:carepackages@bluestarmoms.org)**